

Indian Association for Promotion of  
Adoption and Child Welfare (IAPA)

# Newsletter

Apr - Jun 2025

Dear Readers,

We are happy to meet you again with information and news connected with IAPA. Hope you enjoy reading it 😊

An Anthology of stories titled *The Spark Within: True Stories of Ordinary People Igniting Extraordinary Social Change* with a story about Late Mrs. Kaumudi Telang, the force behind the family strengthening programmes of IAPA has been published. When Ms. Smita Zankar got this opportunity to write a story about IAPA, penning down about Mrs. Telang and her work came to her mind. The story is a befitting tribute to Late Mrs. Kaumudi Telang. The other 29 stories too talk about the sparks ignited by each one of the protagonists / narrators. Please do order your copy on Amazon to get an insight into so much that is happening in the social work field.



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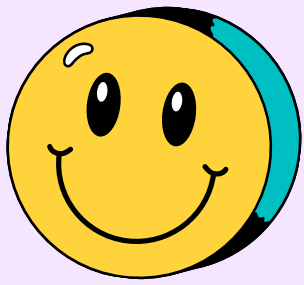
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Regd. under the Societies Registration Act XXI of 1860: No. BOM/27/1971

The Public Trust Act of 1950. Registration No. -F-2230 | Guidestar India No. 528

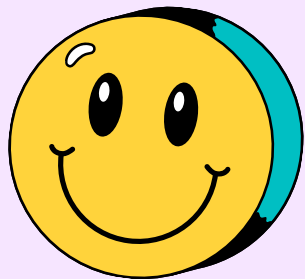
Donations to IAPA are available for deduction under Sec 80G of the Income Tax Act.



## Lifeskills जीवन कौशल्य sessions

The first batch of life skill sessions for children of 4<sup>th</sup> to 9<sup>th</sup> stds. was successfully completed in April 2025. All children who attended did so with enthusiasm, participating in the interactive sessions on Study skills, Peer pressure, Anger management, Substance and mobile addiction. The resource persons gave positive feedback about the confidence of the children and their involvement in the sessions. All present received gifts as a token of appreciation for participating wholeheartedly. Financial support for the sessions came from Mr. Ramesh Narayan, N.M. Wadia trust, and Penguin Charities. Funds received from Innerwheel Club, Shivaji Park have increased our enthusiasm to start the next batch of life skills sessions for the students and their parents beginning September 2025. We are working on preparing a module of all the sessions conducted for the parents and children.

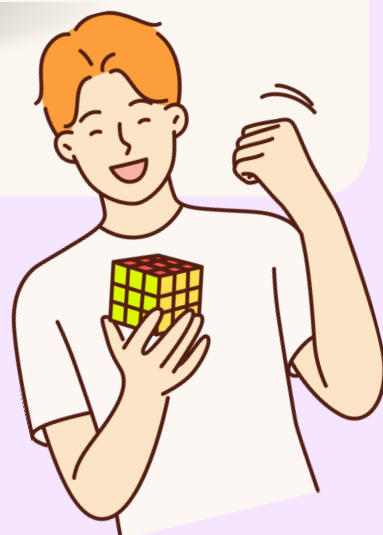
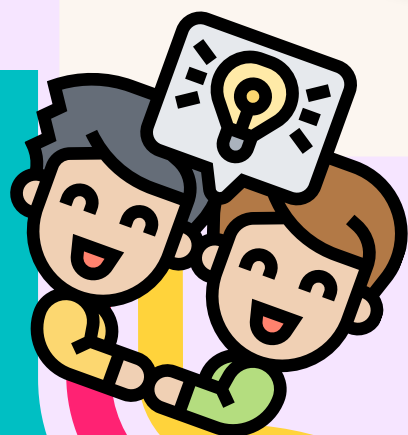


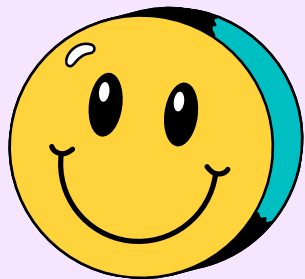


# Brain Gym

BRAIN GYM

Brain Gym, also known as Educational Kinesiology, is an important exercise form to keep our brain active and functioning. Just like physical exercise to maintain physical health, brain gym exercises help maintain mental well-being. These are simple actions / physical movements which help enhance learning and cognitive function. The exercises are designed to improve brain-body integration and coordination, promoting better learning and performance. Ms. Rupali Suralkar, one amongst the IAPA team gave a practical demonstration of a few exercises for the team highlighting the importance of brain gym. All felt they could use these exercises for themselves and the children / parents they work with.



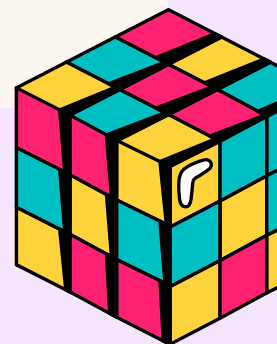


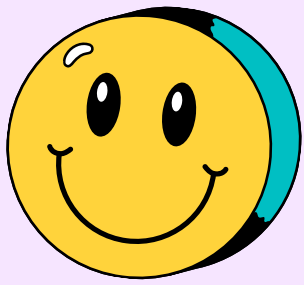
## Interesting trend at IAPA's Rural Sponsorship programme - Dapoli

This year for the first time majority of 12<sup>th</sup> pass boys supported under the Sponsorship programme, are continuing their education. Earlier the trend was to go to Mumbai in search of work immediately after 12<sup>th</sup> std. Motivation among girls for college, vocational education is higher than among the boys.

We are happy to notice this aspiration which is the result of guidance, support, backing provided by our local coordinator and the financial assistance from our sponsors.

**Timing is precious** – Our social worker got to know that the 11<sup>th</sup> and 12<sup>th</sup> std. science students were missing the first lecture in college every day. The reason being the first State Transport bus from their respective villages to the High school in Dapoli reached the bus stand after 7.30a.m. By the time the students walked to the high school, half of the lecture was over. Realising the loss for the students, our social worker contacted one of the members on the Board of Directors of Dapoli Shikshan Sanstha and communicated this genuine difficulty, requesting for a change in the lecture timings. We are awaiting their positive response.





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## Our Gratitude

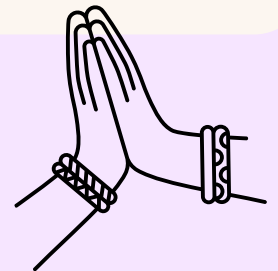
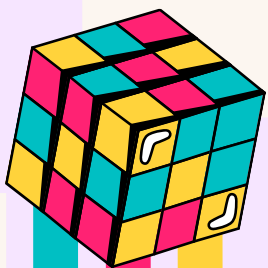
We are grateful to ConnectFor and their donors for their donations in kind. The first lot of stationery items (long books, geometry boxes, pens, erasers, activity books) was distributed among children supported under IAPA's urban and rural programmes. The activity books of shapes, numbers, Hindi alphabet and puzzles increased the students' enthusiasm to use them.

In the second lot of donations through ConnectFor, we got groceries and edible items which were a boon for the families, a few of whom find it hard to make ends meet.

Thank you to all our donors and well-wishers ... Without your belief and faith in IAPA's services and the valuable financial support, we would not have reached so many children and their family members. Our efforts at raising funds to continue our services are ongoing.

We are excited in planning our next **Fund Raiser** – a musical play **'Same Same But Different'** on **Friday, 28th November 2025**. Please do keep sending in your donations / place an advertisement in the souvenir /co-sponsor the entire event.

Our QR code for quick donation transfers –



Donations to IAPA are available for deduction under Sec 80G of the Income Tax Act. Request you to drop us a line on [info@iapacw.org](mailto:info@iapacw.org) once you donate.

# Thank you.